

Say (pray) these out loud over yourself

1. I am complete in Christ, I have every spiritual blessing in Christ and everything I need for living a godly life (Ephesians 1:3, 2 Peter 1:3)
2. I am a new creation in Christ (2 Cor. 5:17)
3. I was chosen before the foundation of the world to be holy and without blame in Christ (Eph. 1:4)
4. God decided in advance my adoption as a son or daughter. All along He had already formed me in His heart, designed me, and picked me - like the first pick on His team. He created me and birthed me according to the pleasure of His will. No one had to twist His arm or coax Him to do it, He wanted to. He chose me, created me, and wants me. (Eph. 1:5)
5. I am accepted and highly favored in Christ. I don't have to perform or act out to get His attention or approval, I already have it. (Eph. 1:6)
6. I am the apple of His eye, when He looks at me, He has eyes only for me. Like a parent watching His child in a game, He sees the whole game but focuses on me. His heart is big enough that He can do that with all His children. (Psalm 17:8)
7. In Him I am free and have been delivered from my sins, through His blood (Eph. 1:7)
8. He lavished me with grace and wiped away my sin debt. (Eph. 1:8)
9. I am completely forgiven. As far as the east is from the west my sins have been removed from me. He has cast them into the depths of the sea and forgotten them (Psalm 103:3, 12 and Micah 7:19)
10. He cancelled the written record of charges against me and nailed it to the cross. (Colossians 2:14)
11. I have been purchased by the blood of the spotless lamb, Jesus Christ. I have been bought with a price. I am no longer my own (1 Peter 1:18-19 and 1 Cor. 6:20)
12. I am no longer just a servant but a friend. He let me in on His secrets about Christ. He only tells friends and confidants His secrets. (Ephesians 1:9 and John 15:15)
13. I have been marked, sealed and stamped by the Holy Spirit or signed, sealed and delivered if you will - He is the promise of my inheritance to come, He is the guarantee of my inheritance in Christ. The Holy Spirit is how I know I have been destined to receive an inheritance in Christ. (Ephesians 1:13)
14. I am powerful in Christ, I have authority in Christ. (John 1:12-13 and Eph. 1:19-20)
15. I am seated with Christ in heavenly places. (Eph. 2:6)
16. I have been created for good works, which God has laid out before the foundation of the world for me to walk in. (Eph. 2:10)